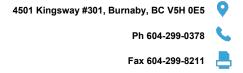
CANADIAN OFFICE & PROFESSIONAL EMPLOYEES LOCAL 378 HEALTH BENEFIT TRUST



We are pleased to announce that as of today, you will have access to <u>Dialogue</u>; an integrated health platform that unifies health and wellness programs, providing virtual services from a multidisciplinary team, all on one single application.

Dialogue is a virtual service via a mobile or web-based application accessible **anywhere in Canada**, offering consultations with a variety of professionals. It's a secure virtual solution to proactively monitor or improve your health and wellness, **24 hours a day, 7 days a week**.

Please read the details below, and we encourage you to create your account now to get familiar with your new benefits.

Create your Dialogue Account now!

- 1. Download the <u>Dialogue app</u> on your smartphone, or access it online at <u>app.dialogue.co</u> on Google Chrome, Safari, Firefox or Edge Chromium.
- 2. Click on "Create your account"
- 3. Enter a personal email address and a strong password.
 - a. Note: If you were invited by another family member, make sure that you register using the email address where you were invited.
- 4. Fill in your profile. Make sure to enter your name and date of birth as it appears on a piece of government ID.
- 5. If the information provided matches the information supplied, your services will be unlocked.
- 6. Invite your spouse and dependent children under "Account" > "Family".
- 7. Please take a moment to get familiar with the services available to you.
- 8. Don't forget to **activate your device notifications** in order to receive messages from Dialogue's team of professionals who will offer these services.

CANADIAN OFFICE & PROFESSIONAL EMPLOYEES LOCAL 378 HEALTH BENEFIT TRUST

4501 Kingsway #301, Burnaby, BC V5H 0E5 💡 Ph 604-299-0378 📞 Fax 604-299-8211 📒

Questions?

Dialogue's support team will also be sending you email communications in the coming weeks to let you know how these virtual services can help you.

If you have any questions, please consult the <u>Dialogue Help Center</u>, where you can <u>chat</u> with the support team. You can also reach them by email at <u>support@dialogue.co</u>.

We encourage you to create your account as soon as possible, and we hope you will enjoy these new services!

You can open your smartphone camera and scan the QR code or visit <u>app.dialogue.co</u>.

