

Date: April 1, 2020

Re: Potential contact with a confirmed case of COVID-19 at

Coast Mountain Bus Company – Burnaby – Bull Pen – March 19 & 20, 2020

This letter is to notify you that individuals may have come in contact with COVID-19 while at

Coast Mountain Bus Company – Burnaby – Bull Pen

March 19 & 20, 2020

An individual has been diagnosed with COVID-19. This virus is spread between people by droplets, which requires close contact with saliva or mucus from the mouth, nose or throat of an infected person.

Out of an abundance of caution, we are notifying you. If you were at The Burnaby location "Bull Pen" on the above dates March 19 & 20, 2020 (14 days after the last exposure on April 2 and/or April 3) we are asking that you:

- Monitor your health for fever, cough, sneezing, or sore throat and
- Avoid crowded public spaces and places where you cannot easily separate yourself from others if they become ill

If you already have symptoms or develop symptoms, isolate yourself from others as quickly as possible and remain isolated for 14 days from the onset of symptoms. If you are feeling well by this date, you may return to regular duties. More information on how to self-isolate is available here: http://www.bccdc.ca/Health-Info-Site/Documents/Self-isolation.pdf

For more severe symptoms, like severe difficulty breathing, chest pain, or confusion, call 911 or go directly to your nearest emergency department.

If you do not have symptoms, there is no risk to you or those around you. You do not need to isolate yourself, visit a doctor, or get tested.

We would appreciate your assistance in providing this message to any others who may have been at The Coast Mountain Bus Company – Burnaby – Bull Pen during this time period and may not have received this letter. Please consider those who may not have access to e-mail or who experience a language barrier.

Please do not hesitate to call HealthLink BC by dialing 8-1-1 with any questions or concerns.

We understand that you may have more questions about this exposure; however, due to privacy we cannot provide any details other than the information contained in this letter.

Further information about COVID-19 is available on the BC Centre for Disease Control website: http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-(novel)

Fraser Health has developed a webpage that answers common questions about COVID-19: <u>fraserhealth.ca/coronavirus</u>

FH Assigned Case # FH2540