

# Paramedical Services Reasonable and Customary Charges

The amounts reimbursed for expenses incurred for Paramedical services, including taxes where applicable, are limited to the reasonable and customary charges in effect at the time the expenses are incurred.

As the Paramedical services and the amounts reimbursed under your plan may differ from this chart, please refer to your employee booklet prior to submitting your claim.

**Note:** The first tables in green are based on a per visit rate, and the second tables in blue are based on an hourly rate.

## As of January 1<sup>st</sup>, 2023

The reasonable and customary charges indicated below are based on **per visit rate**.

|                           | B.C.     | Alb.     | Sask.    | Man.     | Ont.     | Que.     | N.B.     | N.S.     | P.E.I.   | N.L.     | Y.T.     | Nvt.     |
|---------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| <b>Acupuncturist</b>      |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment        | \$125.00 | \$130.00 | \$90.00  | \$105.00 | \$130.00 | \$90.00  | \$115.00 | \$120.00 | \$125.00 | \$120.00 | \$121.00 | \$120.00 |
| Subsequent Treatment      | \$100.00 | \$95.00  | \$79.00  | \$71.00  | \$130.00 | \$80.00  | \$95.00  | \$99.00  | \$80.00  | \$90.00  | \$99.00  | \$120.00 |
| Laser Therapy             | \$85.00  | \$85.00  | \$60.00  | \$85.00  | \$80.00  | \$80.00  | \$70.00  | \$75.00  | \$75.00  | \$50.85  | \$75.00  | \$75.00  |
| <b>Athletic Therapist</b> |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment        | \$140.00 | \$121.00 | \$100.00 | \$89.00  | \$113.00 | \$103.00 | \$87.00  | \$92.00  | \$42.00  | \$86.00  | \$80.00  | \$80.00  |
| Subsequent Treatment      | \$140.00 | \$100.00 | \$79.00  | \$71.00  | \$96.00  | \$95.00  | \$77.00  | \$92.00  | \$42.00  | \$70.00  | \$75.00  | \$75.00  |
| <b>Chiropodist</b>        |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment        | -        | -        | \$100.00 | -        | \$100.00 | -        | \$100.00 | \$75.00  | \$70.00  | \$75.00  | \$90.00  | \$90.00  |
| Subsequent Treatment      | -        | -        | \$80.00  | -        | \$75.00  | -        | \$80.00  | \$70.00  | \$70.00  | \$75.00  | \$80.00  | \$80.00  |
| Surgical Trays            | -        | -        | \$114.00 | -        | \$114.00 | -        | \$114.00 | \$114.00 | \$114.00 | \$114.00 | \$114.00 | \$114.00 |
| <b>Chiropractor</b>       |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment        | \$100.00 | \$110.00 | \$80.00  | \$78.00  | \$180.00 | \$100.00 | \$100.00 | \$100.00 | \$100.00 | \$100.00 | \$98.00  | \$110.00 |
| Subsequent Treatment      | \$60.00  | \$60.00  | \$60.00  | \$55.00  | \$73.00  | \$60.00  | \$65.00  | \$60.00  | \$62.00  | \$60.00  | \$65.00  | \$90.00  |
| Laser Therapy             | \$78.00  | \$70.00  | \$60.00  | \$55.00  | \$50.00  | \$80.00  | \$60.00  | \$85.00  | \$55.00  | \$55.00  | \$50.00  | \$50.00  |
| <b>Christian Science</b>  |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment        | \$25.00  | \$60.00  | \$30.00  | \$30.00  | \$50.00  | \$30.00  | \$25.00  | \$25.00  | \$25.00  | \$25.00  | \$50.00  | \$50.00  |
| Subsequent Treatment      | \$25.00  | \$30.00  | \$30.00  | \$30.00  | \$34.00  | \$30.00  | \$25.00  | \$25.00  | \$25.00  | \$25.00  | \$34.00  | \$34.00  |
| <b>Dietician</b>          |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment        | \$150.00 | \$180.00 | \$160.00 | \$157.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 | \$105.00 | \$160.00 |
| Subsequent Treatment      | \$120.00 | \$127.00 | \$105.00 | \$127.00 | \$110.00 | \$109.00 | \$100.00 | \$100.00 | \$100.00 | \$135.00 | \$100.00 | \$100.00 |

|                               | B.C.     | Alb.     | Sask.    | Man.     | Ont.     | Que.     | N.B.     | N.S.     | P.E.I.   | N.L.     | Y.T.     | Nvt.     |
|-------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| <b>Homeopath</b>              |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$185.00 | \$180.00 | \$200.00 | \$165.00 | \$225.00 | \$115.00 | \$140.00 | \$165.00 | \$135.00 | \$135.00 | \$200.00 | \$220.00 |
| Subsequent Treatment          | \$126.00 | \$135.00 | \$105.00 | \$122.00 | \$130.00 | \$115.00 | \$60.00  | \$115.00 | \$60.00  | \$100.00 | \$130.00 | \$130.00 |
| <b>Kinesiologist</b>          |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$150.00 | \$150.00 | \$80.00  | \$150.00 | \$120.00 | \$75.00  | \$80.00  | \$80.00  | \$75.00  | \$75.00  | \$120.00 | \$120.00 |
| Subsequent Treatment          | \$125.00 | \$100.00 | \$130.00 | \$125.00 | \$120.00 | \$75.00  | \$75.00  | \$69.00  | \$75.00  | \$75.00  | \$120.00 | \$120.00 |
| <b>Naturopath</b>             |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$240.00 | \$240.00 | \$230.00 | \$250.00 | \$240.00 | \$115.00 | \$203.40 | \$200.00 | \$160.00 | \$184.00 | \$200.00 | \$252.00 |
| Subsequent Treatment          | \$180.00 | \$160.00 | \$150.00 | \$128.00 | \$180.00 | \$100.00 | \$141.25 | \$110.00 | \$101.00 | \$120.00 | \$149.00 | \$145.00 |
| <b>Nutritionist</b>           |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$168.00 | \$165.00 | \$150.00 | \$150.00 | \$210.00 | \$150.00 | \$150.00 | \$150.00 | \$105.00 | \$110.00 | \$120.00 | \$120.00 |
| Subsequent Treatment          | \$150.00 | \$127.00 | \$122.00 | \$125.00 | \$140.00 | \$109.00 | \$100.00 | \$100.00 | \$57.75  | \$75.00  | \$120.00 | \$120.00 |
| <b>Occupational Therapist</b> |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$120.00 | \$165.00 | \$120.00 | \$140.00 | \$170.00 | \$120.00 | \$120.00 | \$150.00 | \$100.00 | \$165.00 | \$125.00 | \$125.00 |
| Subsequent Treatment          | \$120.00 | \$165.00 | \$120.00 | \$140.00 | \$132.00 | \$120.00 | \$120.00 | \$120.00 | \$100.00 | \$165.00 | \$125.00 | \$125.00 |
| Report Fees                   | \$116.00 | \$150.00 | \$100.00 | \$140.00 | \$234.00 | \$70.00  | \$115.00 | \$99.00  | \$85.00  | \$105.00 | \$125.00 | \$125.00 |
| <b>Optometrist</b>            |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$124.00 | \$135.00 | \$164.00 | \$120.00 | \$145.00 | \$115.00 | \$130.00 | \$135.00 | \$125.00 | \$95.00  | \$120.00 | \$138.00 |
| <b>Orthotherapist</b>         |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$75.00  | \$75.00  | \$75.00  | \$75.00  | \$90.00  | \$75.00  | \$75.00  | \$75.00  | \$75.00  | \$75.00  | \$75.00  | \$75.00  |
| Subsequent Treatment          | \$65.00  | \$65.00  | \$65.00  | \$65.00  | \$90.00  | \$75.00  | \$65.00  | \$65.00  | \$65.00  | \$65.00  | \$65.00  | \$65.00  |
| <b>Physiotherapist</b>        |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$143.00 | \$136.00 | \$148.00 | \$92.00  | \$134.00 | \$105.00 | \$95.00  | \$95.00  | \$85.00  | \$90.00  | \$100.00 | \$220.00 |
| Subsequent Treatment          | \$95.00  | \$95.00  | \$80.00  | \$75.00  | \$84.00  | \$95.00  | \$80.00  | \$79.00  | \$68.00  | \$82.00  | \$100.00 | \$165.00 |
| Report Fees                   | \$50.00  | \$50.00  | \$50.00  | \$50.00  | \$150.00 | \$150.00 | \$75.00  | \$150.00 | \$150.00 | \$150.00 | \$100.00 | \$100.00 |
| <b>Podiatrist</b>             |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$135.00 | \$89.00  | \$100.00 | \$90.00  | \$100.00 | \$105.00 | \$100.00 | \$80.00  | \$80.00  | \$75.00  | \$90.00  | \$90.00  |
| Subsequent Treatment          | \$85.00  | \$67.00  | \$75.00  | \$72.00  | \$75.00  | \$90.00  | \$80.00  | \$70.00  | \$80.00  | \$75.00  | \$80.00  | \$80.00  |
| Surgical Trays                | \$114.00 | \$112.00 | \$114.00 | \$58.00  | \$114.00 | \$114.00 | \$114.00 | \$114.00 | \$114.00 | \$114.00 | \$114.00 | \$114.00 |
| <b>Reflexologist</b>          |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$100.00 | \$90.00  | \$74.00  | \$60.00  | \$95.00  | \$80.00  | \$75.00  | \$80.00  | \$60.00  | \$85.00  | \$75.00  | \$75.00  |
| Subsequent Treatment          | \$100.00 | \$90.00  | \$69.00  | \$60.00  | \$80.00  | \$80.00  | \$75.00  | \$80.00  | \$60.00  | \$85.00  | \$75.00  | \$75.00  |
| <b>Shiatsu Therapist</b>      |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment            | \$100.00 | \$80.00  | \$70.00  | \$100.00 | \$135.20 | \$135.20 | \$70.00  | \$87.00  | \$69.00  | \$87.00  | \$135.20 | \$135.20 |
| Subsequent Treatment          | \$100.00 | \$80.00  | \$70.00  | \$100.00 | \$90.00  | \$90.00  | \$70.00  | \$87.00  | \$69.00  | \$87.00  | \$90.00  | \$90.00  |

The reasonable and customary charges indicated below are based **on hourly rate**.

|                                  | B.C.     | Alb.     | Sask.    | Man.     | Ont.     | Que.     | N.B.     | N.S.     | P.E.I.   | N.L.     | Y.T.     | Nvt.     |
|----------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| <b>Audiologist</b>               |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment               | \$100.00 | \$95.00  | \$66.00  | \$75.00  | \$193.00 | \$95.00  | \$100.00 | \$80.00  | \$65.00  | \$75.00  | \$185.00 | \$185.00 |
| Subsequent Treatment             | \$100.00 | \$95.00  | \$66.00  | \$75.00  | \$193.00 | \$90.00  | \$100.00 | \$80.00  | \$65.00  | \$75.00  | \$185.00 | \$185.00 |
| <b>Clinical Counsellor</b>       |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment               | \$150.00 | \$185.00 | \$130.00 | \$125.00 | \$158.00 | \$150.00 | \$135.00 | \$140.00 | \$120.00 | \$120.00 | \$158.00 | \$195.00 |
| Subsequent Treatment             | \$150.00 | \$175.00 | \$130.00 | \$125.00 | \$158.00 | \$150.00 | \$135.00 | \$140.00 | \$120.00 | \$140.00 | \$158.00 | \$195.00 |
| Group Therapy                    | \$55.00  | \$175.00 | \$130.00 | \$125.00 | \$158.00 | \$150.00 | \$115.00 | \$95.00  | \$80.00  | \$120.00 | \$150.00 | \$195.00 |
| Marriage Therapy                 | \$125.00 | \$175.00 | \$130.00 | \$125.00 | \$158.00 | \$150.00 | \$115.00 | \$120.00 | \$80.00  | \$140.00 | \$125.00 | \$195.00 |
| Family Therapy                   | \$125.00 | \$175.00 | \$130.00 | \$125.00 | \$158.00 | \$150.00 | \$115.00 | \$120.00 | \$80.00  | \$120.00 | \$125.00 | \$195.00 |
| Reports Fees                     | \$120.00 | \$175.00 | \$130.00 | \$125.00 | \$158.00 | \$150.00 | \$115.00 | \$95.00  | \$80.00  | \$120.00 | \$125.00 | \$195.00 |
| <b>Marriage/Family Therapist</b> |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment               | \$173.00 | \$175.00 | \$175.00 | \$115.00 | \$175.00 | \$170.00 | \$65.00  | \$175.00 | \$138.00 | \$80.00  | \$125.00 | \$124.00 |
| Subsequent Treatment             | \$173.00 | \$175.00 | \$175.00 | \$115.00 | \$150.00 | \$170.00 | \$65.00  | \$175.00 | \$138.00 | \$80.00  | \$125.00 | \$124.00 |
| Report Fees                      | \$170.00 | \$170.00 | \$175.00 | \$100.00 | \$140.00 | \$130.00 | \$65.00  | \$135.00 | \$135.00 | \$80.00  | \$125.00 | \$124.00 |
| <b>Massage Therapist</b>         |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment               | \$120.75 | \$104.00 | \$88.00  | \$90.00  | \$106.00 | \$108.00 | \$104.00 | \$110.00 | \$98.00  | \$115.00 | \$110.00 | \$120.00 |
| Subsequent Treatment             | \$120.75 | \$100.00 | \$84.00  | \$89.00  | \$106.00 | \$95.00  | \$104.00 | \$104.00 | \$95.00  | \$105.00 | \$110.00 | \$115.00 |
| <b>Osteopath</b>                 |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment               | \$150.00 | \$150.00 | \$140.00 | \$131.00 | \$135.00 | \$110.00 | \$138.00 | \$132.00 | \$100.00 | \$132.00 | \$125.00 | \$104.00 |
| Subsequent Treatment             | \$150.00 | \$129.00 | \$125.00 | \$126.00 | \$130.00 | \$110.00 | \$132.00 | \$126.00 | \$100.00 | \$127.00 | \$125.00 | \$104.00 |
| <b>Psychiatrist</b>              |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment               | \$225.00 | \$200.00 | \$160.00 | \$180.00 | \$225.00 | \$130.00 | \$170.00 | \$190.00 | \$180.00 | \$150.00 | \$170.00 | \$200.00 |
| Subsequent Treatment             | \$225.00 | \$200.00 | \$160.00 | \$180.00 | \$225.00 | \$125.00 | \$170.00 | \$190.00 | \$180.00 | \$150.00 | \$170.00 | \$200.00 |
| <b>Psychoanalyst</b>             |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment               | \$160.00 | \$185.00 | \$100.00 | \$145.00 | \$180.00 | \$125.00 | \$150.00 | \$125.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 |
| Subsequent Treatment             | \$160.00 | \$175.00 | \$100.00 | \$145.00 | \$180.00 | \$125.00 | \$150.00 | \$125.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 |
| Group Therapy                    | \$160.00 | \$175.00 | \$100.00 | \$100.00 | \$180.00 | \$125.00 | \$150.00 | \$125.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 |
| Marriage Therapy                 | \$160.00 | \$175.00 | \$100.00 | \$100.00 | \$180.00 | \$125.00 | \$150.00 | \$125.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 |
| Family Therapy                   | \$160.00 | \$175.00 | \$100.00 | \$100.00 | \$180.00 | \$125.00 | \$150.00 | \$125.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 |
| Report Fees                      | \$160.00 | \$175.00 | \$100.00 | \$100.00 | \$180.00 | \$125.00 | \$150.00 | \$125.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 |

|                         | B.C.     | Alb.     | Sask.    | Man.     | Ont.     | Que.     | N.B.     | N.S.     | P.E.I.   | N.L.     | Y.T.     | Nvt.     |
|-------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| <b>Psychologist</b>     |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment      | \$225.00 | \$200.00 | \$180.00 | \$200.00 | \$225.00 | \$140.00 | \$190.00 | \$210.00 | \$180.00 | \$180.00 | \$180.00 | \$200.00 |
| Subsequent Treatment    | \$225.00 | \$200.00 | \$180.00 | \$200.00 | \$225.00 | \$135.00 | \$190.00 | \$210.00 | \$180.00 | \$180.00 | \$180.00 | \$200.00 |
| Group Therapy           | \$50.00  | \$60.00  | \$180.00 | \$115.00 | \$225.00 | \$125.00 | \$46.00  | \$60.00  | \$180.00 | \$180.00 | \$180.00 | \$60.00  |
| Marriage Therapy        | \$225.00 | \$200.00 | \$180.00 | \$195.00 | \$225.00 | \$140.00 | \$170.00 | \$190.00 | \$180.00 | \$180.00 | \$190.00 | \$200.00 |
| Family Therapy          | \$225.00 | \$200.00 | \$180.00 | \$195.00 | \$225.00 | \$160.00 | \$170.00 | \$190.00 | \$180.00 | \$180.00 | \$180.00 | \$200.00 |
| Report Fees             | \$225.00 | \$200.00 | \$180.00 | \$200.00 | \$225.00 | \$160.00 | \$167.00 | \$210.00 | \$180.00 | \$180.00 | \$180.00 | \$200.00 |
| <b>Psychotherapist</b>  |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment      | \$150.00 | \$185.00 | \$140.00 | \$150.00 | \$165.00 | \$130.00 | \$158.00 | \$150.00 | \$150.00 | \$150.00 | \$158.00 | \$150.00 |
| Subsequent Treatment    | \$150.00 | \$185.00 | \$140.00 | \$150.00 | \$158.00 | \$130.00 | \$158.00 | \$150.00 | \$150.00 | \$150.00 | \$158.00 | \$150.00 |
| Group Therapy           | \$132.00 | \$175.00 | \$140.00 | \$150.00 | \$150.00 | \$125.00 | \$150.00 | \$125.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 |
| Marriage Therapy        | \$132.00 | \$175.00 | \$140.00 | \$150.00 | \$150.00 | \$125.00 | \$150.00 | \$125.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 |
| Family Therapy          | \$132.00 | \$175.00 | \$140.00 | \$150.00 | \$150.00 | \$125.00 | \$150.00 | \$125.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 |
| Report Fees             | \$132.00 | \$175.00 | \$140.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 | \$125.00 | \$150.00 | \$150.00 | \$150.00 | \$150.00 |
| <b>Social Worker</b>    |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment      | \$150.00 | \$190.00 | \$142.00 | \$150.00 | \$160.00 | \$140.00 | \$130.00 | \$160.00 | \$135.00 | \$148.00 | \$148.00 | \$150.00 |
| Subsequent Treatment    | \$150.00 | \$190.00 | \$142.00 | \$135.00 | \$150.00 | \$130.00 | \$130.00 | \$160.00 | \$135.00 | \$148.00 | \$148.00 | \$150.00 |
| Group Therapy           | \$120.00 | \$75.00  | \$110.00 | \$115.00 | \$96.00  | \$75.00  | \$130.00 | \$100.00 | \$135.00 | \$148.00 | \$140.00 | \$150.00 |
| Family Therapy          | \$120.00 | \$150.00 | \$110.00 | \$115.00 | \$150.00 | \$110.00 | \$130.00 | \$100.00 | \$135.00 | \$148.00 | \$140.00 | \$150.00 |
| Report Fees             | \$120.00 | \$120.00 | \$110.00 | \$115.00 | \$150.00 | \$115.00 | \$130.00 | \$100.00 | \$135.00 | \$148.00 | \$140.00 | \$150.00 |
| <b>Speech therapist</b> |          |          |          |          |          |          |          |          |          |          |          |          |
| Initial Assessment      | \$165.00 | \$170.00 | \$140.00 | \$150.00 | \$203.00 | \$230.00 | \$130.00 | \$120.00 | \$120.00 | \$180.00 | \$110.00 | \$150.00 |
| Subsequent Treatment    | \$145.00 | \$140.00 | \$130.00 | \$125.00 | \$203.00 | \$120.00 | \$130.00 | \$120.00 | \$120.00 | \$135.00 | \$110.00 | \$150.00 |