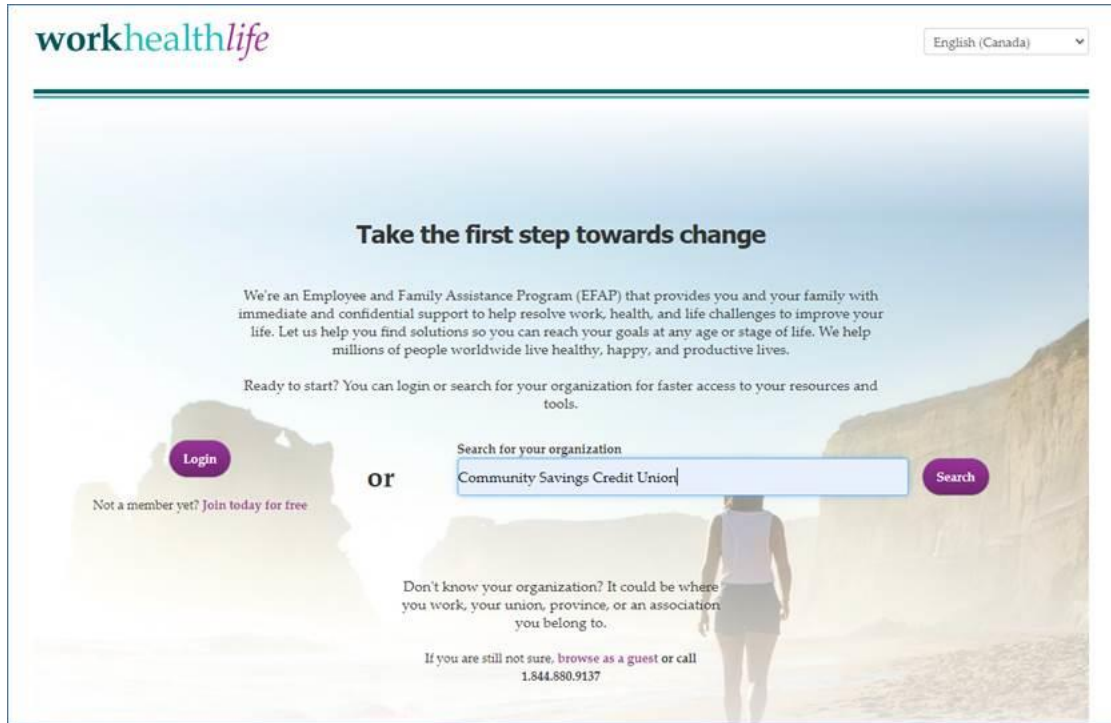


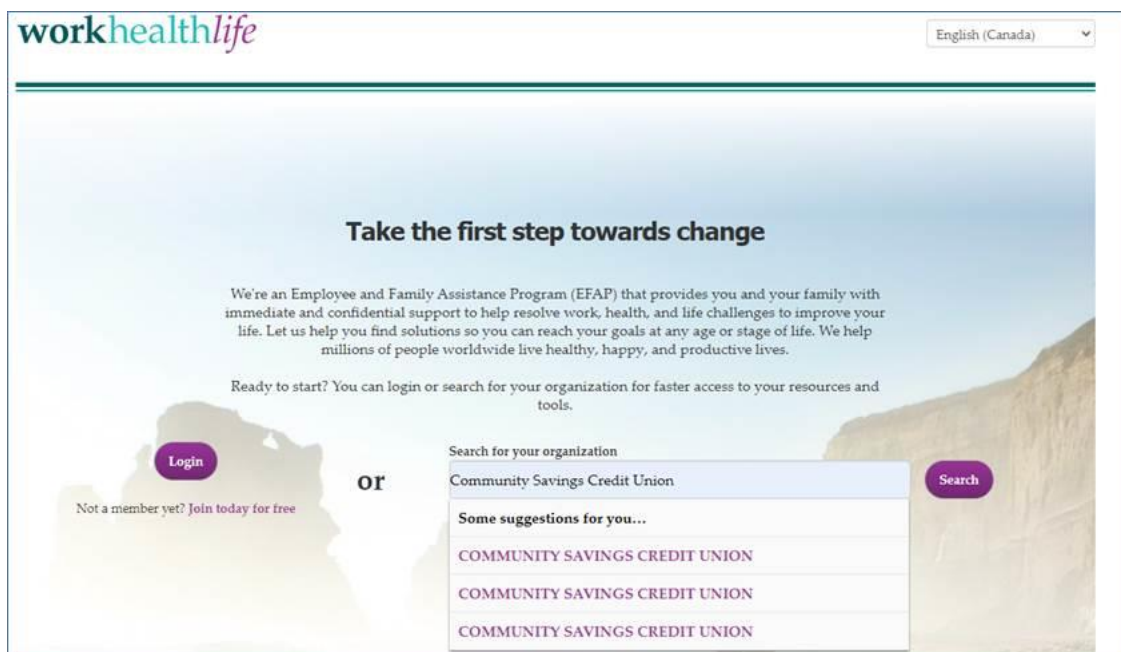
# Community Savings Credit Union - Employee Assistance Plan Login Information

To access our Employee Assistance Plan, please follow the below instructions:

- Visit [www.workhealthlife.com](http://www.workhealthlife.com)
- Type Community Savings Credit Union in the search menu



- Click Search
- Select Community Savings Credit Union from options (there may be 3, just pick the first one listed)



- You will then be redirected to the WorkHealthLife site for your company

**workhealthlife** for THE BOARD OF TRUSTEES OF THE BC CREDIT UNION EMPLOYEES' BENEFITS TRUST -647273-PAG

Register | Login | Search organization | En français

Your Employee and Family Assistance Program is a support service that can help you take the first step toward change.

my services | health & well-being | career & workplace | financial security | life events

**Access COVID-19 resources**  
Read more

**Let us help**  
Your EFAP provides immediate and confidential assistance for any work, health or life concern.


Get started online ▶  
Call 1 877 455-3561 ▶  
Get the app ▶


**Online Group Counselling - Supporting you during the COVID-19 Pandemic**


**Anxiety:** This Online Group is designed to support you with the anxiety you are experiencing due to the COVID-19 pandemic  
**Parenting:** This Online Group is designed to support you in parenting your school age child through the COVID-19 pandemic


You can trust us to help you and your family to resolve issues that you may be facing. We can help with stress, relationship problems, depression, anxiety, nutrition and weight loss, parenting, and much more.

There are many ways to get help today - all completely confidential. Review the services below and use the icons under **Let us help** to book your service anytime, anywhere.

 **About My Services**  
View information about services available to you. +

 **Professional Counselling**  
Caring professionals are dedicated to supporting you through the issues that may be impacting your life. +

 **Financial Support**  
Financial concerns can be overwhelming, leaving you stressed and at times, powerless. Discover the tools and resources you need to achieve a brighter financial future. +

 **Legal Support**  
Looking for answers to legal questions? We provide expert, confidential information about how the law applies to specific situations. +

If you're having issues with logging in to [www.workhealthlife.com](http://www.workhealthlife.com), please call 1 844 880-9137 or submit a request via <https://www.workhealthlife.com/Tools/AccessTool/WHLTechSupport>, and the team will be able to help you with your credentials.

**Melanie Cordwell, CPHR**  
People & Culture, Business Partner

**Community Savings**  
the unions' credit union

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